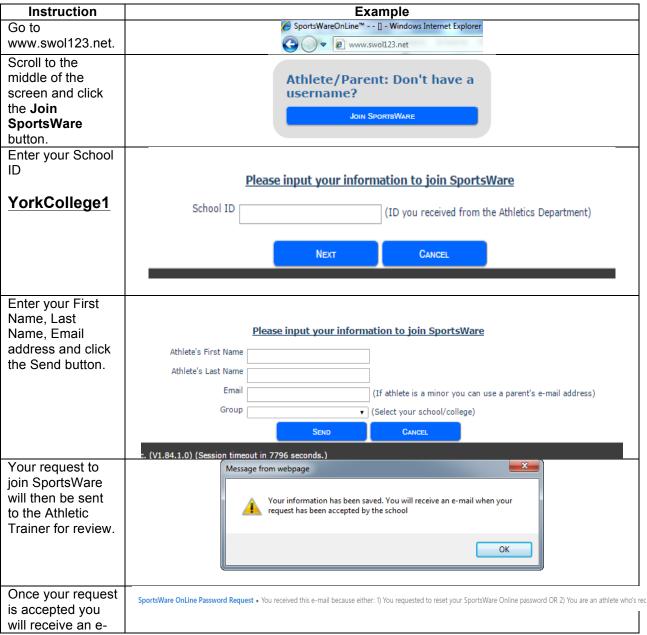


Prior to participating on a team at York College, athletes must provide the Athletic Department with current address, emergency contact, insurance, medical alert and health history information. To expedite this process York College uses an online data entry system.

To enter your information, visit <u>www.swol123.net</u>. The first time you visit the website you will need to enter your email address and click Get Password.

## Joining SportsWareOnLine





Subject "SportsWare request accepted".  Open the e-mail and click the www.swol123.net link to continue to SportsWareOnLin		
request accepted".  Open the e-mail and click the www.swol123.net link to continue to SportsWareOnLin		
Open the e-mail and click the www.swol123.net link to continue to SportsWareOnLin		
and click the  www.swol123.net link to continue to SportsWareOnLin		
lacksquare	and click the www.swol123.net link to continue to	

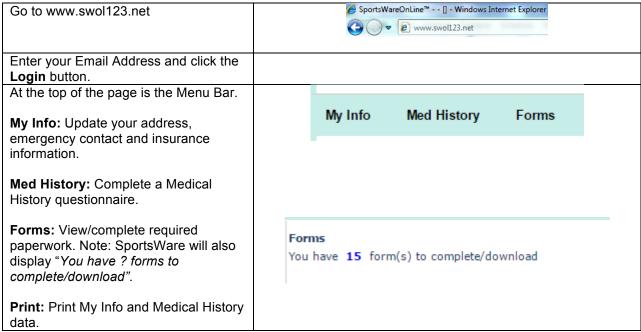
## **Setting Your Password**

Instruction	Example
Go to www.swol123.net	SportsWareOnLine™ [] - Windows Internet Explorer
Enter your Email Address and click the Reset Password button.	Sign In  E-Mail: Password:  LOGIN  Reset Password / Forgot Password
You will receive and e-mail with the Subject "SportsWareOnLine Password Request".  Open the e-mail and click on the link to reset your password. Enter your e-mail address, new password and click the <b>Save</b> button.	Online Access  Online Access e-Mail  New Password  Confirm Password

## **Updating Your Information**

Instruction	Example





Thank you for your prompt help. If you have any questions, please contact the Sports Medicine office at 718-262-5212 for assistance.

Sincerely,

Amy O'Connor, ATC/L, CSCS, CEAS I

Head Athletic Trainer